

Suwałki Region

Sejny Region

Augustów Region

The Kingdom Of Biebrza

Narew Valley

Knyszyn Forest

**Białystok County** 

Białowieża Forest Region

**Bug River Region** 



## Podlaskie Voivodeship

An area rich in vast forests. Podlaskie **Voivodeship** boasts the four most well-known national parks and three landscape parks. Here is where the lakes of Augustowszczyzna, Suwalszczyzna and Wigry were created by the last retreating glacier. Here is where the Bug flows majestically, the Narew bisects the voivodeship, where the untamed Biebrza tumbles. Czarna Hańcza challenges the canoeists. the precious Rospuda dazzles with its natural riches - beckoning you to embark on an unforgettable adventure. Huge swampy areas in the Biebrza and Narew basins border the Augustów Forest, tempting all hiking enthusiasts, and – further to the south – the Białowieża Forest. Here is where the most attractive bike trails stretch along the whole voivodeship - the Podlasie section of the Green Velo Route and the Podlaskie White Stork Route, each year traversed enthusiastically by thousands of tourists. History and modernity, nature and civilization - they are all unified in a harmonious whole that is

### Podlaskie Voivodeship.

Podlaskie will fuel you with nature.







## Suwałki Region

Suwałki region is a region filled with cultural and natural riches. An extremely diverse area topographically. Suwałki region boasts the most charming picturesque lakes and gorgeous views. Its vast forests – the Wigierski National Park and the Suwałki Landscape Park – breathed in by the whole region, are its great treasures.

Suwałki region is the ideal spot for cycling and water sports, in addition to canoeing trips. Among the most attractive water trails in the area there is the Czarna Hańcza Route, Poland's deepest lake - Hańcza - is also worth visiting, as are Góra Zamkowa. Kościelna. and Cmentarna, offering breathtaking views. Those thirsty for trips in the footsteps of the culture

and history of Podlasie will learn the incredible fate of the Camaldolese, an Order that settled in the area in the 17th century, or see with their own eyes the remnants of settlements of Jaćwing tribes

www.sot.suwalszczyzna.eu One of the key spots on the map of Suwałki region is the City of Suwałki. Its 19th century spatial layout contains works of monumental architecture as well as buildings filled with history. connected with important people and events. To be found among its monuments are traces testifying to the former multicultural character of the city, e.g. the evangelist church in Kościuszki street, Old Believers' church (molenna) in Seineńska street, a wooden Orthodox

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church in the Orthodox cemetery, and Roman Catholic, Orthodox, Evangelical and Muslim necropolises.

The city's "cheerful" image is complemented by the leisure complex next to the Arkadia reservoir consisting of: the phenomenal Suwałki Arena. the modern Eurocamping no. 133 campsite, and the sports fields on the Suwałki Beach Arena

Suwałki also provides a rich cultural offer. Chief among the numerous exhibitions. workshops and events organized by the Suwałki Culture Centre is Suwałki Blues Festival. an event that has become well known and recognized all over the world. After your share of good fun, it is also worth tasting the exquisite dishes served in the local restaurants and histros



### WIGRY NATIONAL PARK Krzvwe 82 16-402 Suwałki T: +48 87 563 25 40 wigry\_pn@wigry.org.pl www.wigry.org.pl



SUWAŁKI LANDSCAPE PARK Malesowizna 24 16-404 Jeleniewo T: +48 87 569 18 01 sekretariat@spk.wrotapodlasia.pl www.spk.org.pl





### SUWAŁKI TOURIST INFORMATION CENTRE ul. Ks. K. Hamerszmita 16 St. 16-400 Suwałki T: +48 87 566 20 79 cit@pogodnesuwalki.pl

TOURIST INFORMATION CENTRE OF SUWAŁKI LANDSCAPE PARK Malesowizna 24 16-404 Jeleniewo

T: +48 87 569 18 01 T: +48 87 569 18 02

turtulspk@gmail.com sekretariat@spk.wrotapodlasia.pl

### TOURIST INFORMATION CENTRE OF WIGRY NATIONAL PARK

Krzvwe 82 16-402 Suwałki T: +48 87 563 25 62 T: +48 510 992 672 turystyka@wigry.org.pl

### TOURIST INFORMATION CENTRE IN WIGRY MUSEUM Stary Folwark 50

16-402 Suwałki T: +48 87 563 01 52 T: +48 510 992 695 muzeum.wpn@wigry.org.pl

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## Suwałki Region





**CAMP & CARAVAN SITES** 





### EUROCAMPING – OSiR Suwałki

Zarzecze 26 St. 16-400 Suwałki T: +48 87 567 33 07 hostelwigry@osir.suwalki.pl www.osir.suwalki.pl

### **Hostel Wigry**

Zarzecze 26 St. 16-400 Suwałki T: +48 87 566 72 20 hostelwigry@osir.suwalki.pl www.hostelwigry.pl

### "Gremzdówka"

Wysoki Most 16-400 Suwałki T: +48 87 563 25 68 turystyka@wigry.org.pl www.wigry.org.pl



Wysoki Most 16-400 Suwałki T: +48 87 563 25 68 turystyka@wigry.org.pl www.wigry.org.pl

### "Za Szkołą"

Maćkowa Ruda 16-503 Krasnopol T: +48 87 563 25 68 turystyka@wigry.org.pl www.wigry.org.pl

### "Jastrzęby"

Zakąty 16-503 Krasnopol T: +48 601 717 887 T: +48 87 563 25 68 turystyka@wigry.org.pl www.wigry.org.pl

### "Gospodarstwo Pani Zofii" 🕡

"Gospodarstwo Pani Zot Tatak 9 16-402 Suwalki T: +48 87 563 71 74 T: +48 602 120 886 kasiatara@yahoo.com www.tartak.nocowanie.pl

## "Nad Wigrami"

Cimochowizna 1 16-402 Suwałki T: +48 608 335 938 halinka@nadwigry.pl www.nadwigry.pl

### "Green Velo Camp" – Nad Wigrami Residence

Gawrych Ruda 18 16-402 Suwałki T: +48 87 563 93 21 T: +48 604 470 167 gawrychruda18@wp.pl www.nadwigrami.info

### "U Jawora" Tourist Resort

Gawrych Ruda 40 16-402 Suwałki T: +48 691 727 865 ujawora@gmail.com

### "Widok"

Bryzgiel 7 16-304 Nowinka T: +48 502 304 588 T: +48 501 436 967 widok@bryzgiel.pl www.bryzgiel.pl



## Seiny Region

Surrounded by the lush greens of the Augustów Forest and the Wigierski National Park. Sejny region nestles in the furthest corner of north-eastern Poland. The glacial hills, ancient rustling forests and groves, and the immeasurable lakes and rivers flowing there are all elements of the distinctive landscape of the area, with rare species of animals and plants finding a safe haven there. The interesting culture and history of the place was shaped by the proximity of Lithuania and Belarus. The local centre called "Pogranicze – sztuk, kultur, narodów" ("Borderland - of arts, cultures, nations") provides its visitors with the possibility to experience culture – with a capital "C" – throughout the year.





## CAMP & CARAVAN SITES

### "Gieret"

Giby 111 16-506 Giby T: +48 609 917 814

T: +48 662 169 005

rezerwacje@gieret.com www.gieret.com

### "Kukle"

Kukle 29 16-506 Gibv T: +48 697 650 660 biuro@kukle.pl www.kukle.pl



### "Šilainė"

Oszkinie 41 16-515 Puńsk T: +48 609 438 671 centrumsilaine@gmail.com www.silaine.com

### "Czarna Hańcza"

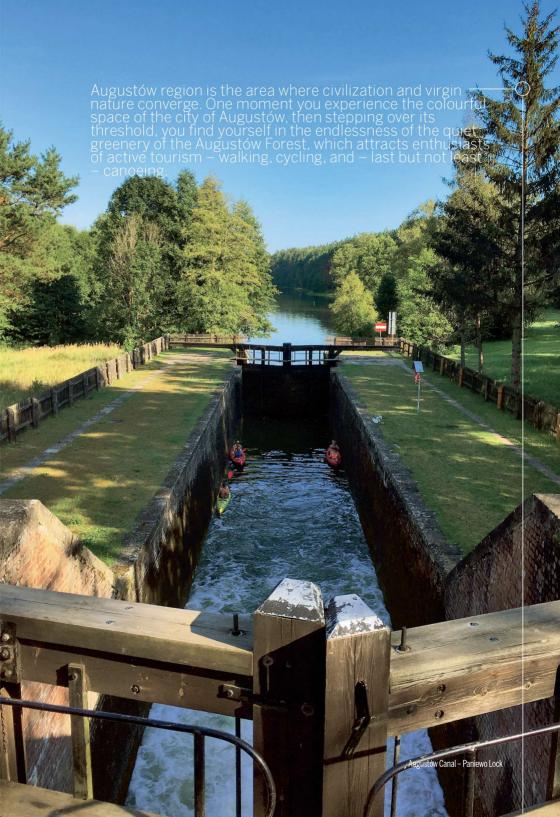
Głeboki Bród 12 16-506 Giby T: +48 698 201 386

T: +48 87 516 52 19 biuro@kajaki-czarna-hancza.pl www.kajaki-czarna-hancza.pl



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## Augustów Region

**Augustów region** is the area where civilization and virgin nature converge. One moment you experience the colourful space of the city of Augustów, then stepping over its threshold, you find yourself in the endlessness of the quiet greenery of the Augustów Forest, which attracts enthusiasts of active tourism - walking, cycling, and - last but not least - canoeing. The numerous lakes with their incredibly rich shorelines, hidden among forests, the rivers that join them, and the unique masterpiece of hydrotechnical architecture - the Augustów Canal - form the colourful local network of waterways. The Augustów Canal is precisely the place where it is possible to cross the Polish-Belarusian border without a visa or the need for a tedious wait. The extensive and constantly developing tourist infrastructure of the Augustów County, in addition to the fact that close to 65% of its area is protected as a reserve, make it an ideal spot for recreation, regardless of the season.

When sightseeing in the area, make sure to visit Augustów itself – a health resort famous for its many cultural and sporting events. This is also the place where the annual Mistrzostwa Polski w Pływaniu na Byle Czym (Polish Sailing in Anything Championships) takes place on Necko Lake.

### www.augustow.org.pl

**Gmina Raigród** is a region with high natural and tourist values. Covering 30% of its area, the woods consist of coniferous forests, with numerous holiday resorts scattered on the shores of the local bodies of water. One of these is Rajgrodzkie Lake, whose specific character makes its conditions ideal for swimming, sailing, and canoeing. The lake is also a favourite among anglers, who flock there attracted by its proliferation of fish species. The varied terrain, the variability of the environment, the contrasting forms, as well as the numerous viewpoints offering wide panoramas, and the interesting monuments, make the area perfect for hiking or cycling trips.



### CAMP & CARAVAN SITES

#### Necko"

Sportowa 1 St. 16-300 Augustów T: +48 519 778 724 splywy@necko.pl www.necko.pl

### "Sirocco"

Swoboda 16-300 Augustów T: +48 603 709 570 sirocco@siroccokajaki.pl www.siroccokajaki.pl

#### ..Patelnia" Przewieź

16-326 Płaska T: +48 503 577 049 T: +48 517 566 651 kamil.sudnik@o2.pl

### "Królowa Woda"

at the Saino lake 16-300 Augustów T: +48 87 644 54 85 T: +48 502 285 145 krolowawoda@gmail.com www.krolowa-woda.augustów.pl

### Marina Borki

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Nadrzeczna 147 St. 16-300 Augustów T: +48 885 023 632 osrodek@marinaborki.pl www.marinaborki.pl

### Communal beach at Łukaszewo lake & communal beach at Paniewo lake

Płaska 57A 16-326 Płaska T: +48 85 722 040 565 gok@plaska.pl www.plaska.pl

#### Stanica Wodna Płaska

Płaska-Żydowskie 16-326 Płaska T: +48 502 667 272 andrzei@kanal-augustowski.pl www.kanal-augustowski.pl

### Gościniec Nad Jeziorem

Czarna Wieś 43 19-206 Raigród T: +48 697 602 960 gosciniec.joanna@wp.pl

### "Orle Gniazdo" campsite in Opartowo

Opartowo, near Rajgród 19-206 Raigród T: +48 607 215 600 baza.opartowo@gmail.com

#### "Golubiewo"

Osteiki 12b St. 19-206 Rajgród T: +48 517 467 977 www.suwalszczyzna.net



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## Augustów Region



### WIGRY NATIONAL PARK

Krzywe 82 16-402 Suwałki T: +48 87 563 25 40 wigry\_pn@wigry.org.pl www.wigry.org.pl



## Tourist Information Centre in Augustów

Rynek Zygmunta Augusta 19 St. 16-300 Augustów T: +48 511 181 848 it@urzad.augustow.pll



#### SZOT - KAYAKS, BICYCLES, TOURS

Konwaliowa 2 St. 16-300 Augustów T: +48 87 644 67 58 T: +48 601 146 703 szot@szot.pl www.szot.pl

#### VILLA SKOMANDA RESTAURANT

Konwaliowa 2 St. Augustów 16-300 T: +48 87 643 43 99 T: +48 605 153 375 villa@villaskomanda.pl www.villaskomanda.pl



### **TOURIST INFORMATION**

## TOURIST INFORMATION CENTRE IN JANEWICZÓWKA

Kopiec 7 16-310 Sztabin T: +48 509 780 431 T: +48 694 579 718 janewiczowka.pl@wp.pl

Zdrojowa 3/5/7 St.

### RECOMMENDED

### Augustów Medical SPA, "Nad Jeziorem" Restaurant

16-300 Augustów T: +48 87 643 28 71 sanatorium.augustow@biavita.pl www.sanatorium.augustow.pl

### Janewiczówka - Wioska Darów Lasów (Gifts of the Woods Village) Kodiec 7

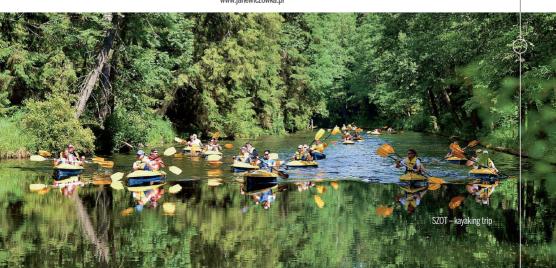
16-310 Sztabin T: +48 509 780 431 T: +48 694 579 718 janewiczowka.pl@wp.pl www.janewiczowka.pl

## TOURIST INFORMATION CENTRE IN PLASKA

Płaska 57A 16-326 Płaska T: +48 722 040 565 T: +48 534 554 70 gok@plaska.pll

#### HOTEL WARSZAWA

- SPA & PINARBO RESTAURANT Zdrojowa 1 St. 16-300 Augustów T: +48 87 643 85 00 recepcja@hotelwarszawa.pl www.hotelwarszawa.pl



# The Kingdom Of Biebrza

The Kingdom of Biebrza is the place where Poland's largest national park is located. It protects the vast expanse of natural peatbogs, with its picturesque wetlands and the diversity of animal and plant wildlife, giving the area unquestionable value not only for Podlaskie Voivodship itself but also for the whole world.

Even though the Biebrza River spreads out each year, becoming several kilometres wide, no alarm is ever declared as the local inhabitants have learnt to live with the natural rhythm of nature. Here is where countless species of bird have their habitats, while the moose – strolling majestically through the local bush – is an inherent part of the unique landscape.

You can get to know this incredible place, e.g. during Wszechnica Biebrzańska (Biebrza Academy) – cyclic meetings organized by the Biebrza National Park.

**Gmina Goniądz** covers over 30% of the Biebrza National Park, while Goniądz – a town whose history dates back to the 14th century – located in the centre of a beautiful highland valley, is considered the capital of Biebrza Marshes. This is where one of Poland's oldest nature reserves can be found, the famous Czerwone Bagno (Red Bog) – the lair of Biebrza moose – and the St. Agnes church. When visiting the area, it is worth seeing the famous Osowiec Fortress or walking the Tsar Route, while in the summer, when the conditions are best for outdoor activities, you may consider taking part in the renowned "Rock na Bagnie" ("Rock in the Swamp") festival.

**Gmina Suchowola** is located on the fringes of the Biebrza National Park. This is where the huge glacial erratic is set, in the town of Suchowola itself, marking the Geographical Centre of Europe as measured in 1775. Owing to the natural qualities of Biebrza and Bachnackie Marshes, as well as the nearby Knyszyn Forest, the area offers excellent conditions for enthusiasts of nature and active tourism. Those who prefer to rest far from big city life will find peace and quiet, stunning landscapes, and the delicious local cuisine.

Among other places that are worth visiting, there are the Centrum Trzech Kultur (Three Culture Centre) in Suchowola and the Okopy village – an important spot on the pilgrim map of Poland, where blessed Father Jerzy Popiełuszko was born.

**Gmina Grajewo** is located within Grajewo County, around Grajewo City. Its dynamic development is deeply related to the milk industry. It is a perfect place for those who are fond of the active tourism. Water sports enthusiasts will be astonished with what Toczydłowo and Mierucie lakes, as well as Ełk River and Ruda Canal have to offer. Dense forest areas and fresh air will act in favour of the recreational strolls. Beautiful cycling trails will certainly attract these, who enjoy long and challenging cycling trips. One of the most important assets of this area is closeness to the Biebrza National Park. The amazing wildlife and local verdure make this place a paradise for biologists. Breathtaking landscapes inspire the photographers. When visiting this area, it is worth stopping by in the Centre of Dairy Tradition - Milk Museum in Grajewo.



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## The Kingdom Of Biebrza









### **CAMP & CARAVAN SITES**

### ..Biebrza24 – Podhorodnianka'

Polna 50 St. 16-310 Sztabin

T: +48 87 641 21 79

T: +48 603 225 100

biuro@biebrza24.pl www.biebrza24.pl

..Biebrza24 – Sztabin''

www.tratwv.pl

Polna 50 St.

16-310 Sztabin

T: +48 87 641 21 79

T: +48 603 225 100

biuro@biebrza24.pl

www.biebrza24.pl

www.tratwy.pl

## Dolina Biebrzy "Przystanek Biebrza'

Wroceń 44

19-110 Goniadz

T: +48 603 078 051

T: +48 691 540 162

biuro@dolinabiebrzv.pl www.dolinabiebrzy.pl

www.splywytratwami.pl

### ..Bóbr"

Osowiec-Twierdza 8 19-110 Goniadz

T: +48 85 738 30 33 it@biebrza.org.pl

www.biebrza.org.pl

### Agroturystyka nad Biebrza "Šośniaki"

Bednarska 9 St. 19-110 Gonjadz

T: +48 501 293 568 asosnowski13@wp.pl

www.sosniaki.wirtualnie.eu

Dolina Biebrzy "Przystań rzeczna Wroceń" 29 Wroceń 53A

19-110 Goniadz

T: +48 603 078 051 T: +48 691 540 162

biuro@dolinabiebrzy.pl

www.dolinabiebrzy.pl



# NATIONAL AND ANDSCAPE PARKS

Osowiec-Twierdza 8 19-110 Gonjadz T: +48 85 738 06 20

BIEBRZA NATIONAL PARK

sekretariat@biebrza.org.pl www.biebrza.org.pl



### RECOMMENDED

### DAIRY TRADITION CENTER - THE MUSEUM OF MILK IN GRAJEWO

Konstytucji 3 Maja 36 St. 19-200 Graiewo T: +48 86 262 10 67

biuro@muzeummleka.pl www.muzeummleka.pl



## TOURIST INFORMATION

### Tourist Information Desk OF BIEBRZA NATIONAL PARK

Osowiec-Twierdza 8

19-110 Gonjadz

T: +48 85 738 30 35

T: +48 85 738 30 34

it@biebrza.org.pl

## ..DOLINA BIEBRZY"

Wroceń 44

T: +48 603 078 051 T: +48 691 540 162

### **TOURIST INFORMATION CENTRE** "OŚRODEK WYPOCZYNKOWY BIEBRZA24"

Polna 50 St

16-310 Sztabin

T: +48 603 225 100

T: +48 87 64 12 179

biuro@biebrza24.pl

## TOURIST INFORMATION CENTRE

19-110 Gonjadz

biuro@dolinabiebrzv.pl

### TOURIST INFORMATION CENTRE IN GRAJEWO

Konstytucii 3 Maia 36 St. 19-200 Graiewo

T: +48 86 262 10 67

it@um.grajewo.p

### BARTLOWIZNA - "DWÓR BARTLA" RESTAURANT

Nadbiebrzańska 32 St. 19-110 Gonjadz T: +48 85 738 06 30

recepcja@biebrza.com.pl www.biebrza.com.pl



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## Narew Valley

The renowned Polish naturalist, artist photographer, and precursor of the nature film, Włodzimierz Puchalski, once wrote about **the Narew Valley**: "[...] has no peer in our motherland. Here, each season is beautiful. An eye sensitive to the charm of landscapes will find delight even among the autumn mists and the quietude of winter, yet it is the spring which is the most beautiful. The irregular flow of rivers that shimmer in glacial marshy valleys, the thick snow, and the ice cover turn the area where the Biebrza flows into the Narew into vast floodplains".

The most precious areas in the region are protected by the Narew National Park and the Narew Valley Łomża Landscape Park. Observing nature can be accompanied by sampling the local cuisine. In high season, the vicinity of the Narew Valley hosts the popular event called Biesiada Miodowa (Honey Feast) in Kurów.

**Gmina Sokoły** lies in the vicinity of the Narew Valley, which has for ages been a transport route that attracted settlers. The place has a rich history, with unspecified Indo-European peoples inhabiting the area before the arrival of Baltic and Slavic tribes. The area is also where a mound burial ground dating from the period of Roman influences and the stronghold where a castle built by the Radziwiłł family is believed to have been located in the 16th century. You can also find numerous architectural monuments in the region, in addition to over 150 archaeological sites. When visiting the area, make sure to walk the over one kilometre-long Waniewo-Śliwno nature footbridge. An indisputable attraction of the footbridge is crossing the river bed on a floating pier anchored with wire ropes.

The place is easily reached by bike. Two big bike trails cross Gmina Sokoły: the Eastern Green Velo Route and the Podlaskie White Stork Route.

**Gmina Tykocin** is located among three incredibly important natural areas – the Narew National Park, the Biebrza National Park, and the Knyszyn Forest. Its unique natural environment abounds in breathtaking flora and fauna, while the closeness of the river and the protected landscape allow fresh air to cleanse the body and the mind. The pine forests that grow in the vast dune-covered area in Szelagówka, the Tykocin Marsh located between Tykocin and the nearby Góra village, the lookout towers, as well as the hiking and bike trails attract tourists from all over the world.

It is best to start the sightseeing in Tykocin. A visit there is akin to real time travel. In the 16th century, the Polish king Zygmunt August built a stronghold in the town; soon afterwards, owing to the Branicki family, Tykocin attained its Baroque appearance. The 17th century Synagogue and the Talmudic House, on the other hand, prove that Jewish people were also among those who used to contribute to the place.

Right next to Tykocin lies Pentowo, also called the European Stork Village. As many as 30 nests are sometimes built there by the birds.







# NATIONAL & LANDSCAPE PARKS

NAREW NATIONAL PARK

Kurowo 10 18-204 Kobylin Borzymy T: +48 85 718 14 17 npn@npn.pl www.npn.pl

ŁOMŻA LANDSCAPE PARK OF THE NAREW VALLEY

Główna 52 St. 18-421 Piatnica T: +48 86 219 21 75 lpkdn.drozdowo@wp.pl www.lpkdn.wrotapodlasia.pl



### "Port Łomża"

Żydowska 10 St. 18-400 Łomża T: +48 86 215 06 05 T: +48 784 001 446 stadion@mosir.lomza.pl



## **TOURIST INFORMATION**

TOURIST INFORMATION CENTRE OF ŁOMŻA LANDSCAPE PARK OF THE NAREW VALLEY Główna 52 St. 18-421 Piatnica T: +48 86 219 21 75 lpkdn.drozdowo@wp.pl





## Knyszyn Forest

**The Knyszyn Forest** delights with its untamed nature, its history and its time – flowing much more slowly than anywhere else. Here is the kingdom of the soaring and slender – like a ship's mast – Supraśl pine, whose shade shelters many species of birds and mammals. This vast terrain is home to the Knyszyn Forest Landscape Park, which covers forests and a dense network of rivers and brooks, with hundreds of forest water-wells, which form a faery-tale-like landscape. The Supraśl is the Park's main river, joining all the small nearby watercourses to become a canoeist's paradise. The Park is also associated with environmental protection, didactic and scientific activity, in addition to tourism and relaxation, the latter of which are facilitated by educational, bike, horse and canoe tourist trails, including numerous beaches and piers.

When visiting the area of the Knyszyn Forest, it is worth stopping by in Supraśl, where the Monastery of the Annunciation (Monaster Zwiastowania Przenajświętszej Bogurodzicy i św. Jana Teologa w Supraślu), the Museum of Icons, and the Museum of the Printing Art and Papermaking are located, to be followed by a visit at the arboretum in Kopna Góra and the Silvarium in Poczopek. Other attractions not to be missed are the villages on the Tartar Trail, such as Kruszyniany or Bohoniki, where historical mosques and Muslim cemeteries (mizars) are located. Travelling slightly further north, in the direction of Czarna Białostocka, you must drop by the nearby craft and handicraft workshops comprising the Folk Handicraft Trail.

Gmina Sokółka is a charming place located in the northern part of the Podlasie Lowland. It borders Belarus to the east and is surrounded by the Knyszyn Forest to the west. Sokólszczyzna is an extremely interesting natural area, whose stunning landscapes invite you to engage in active forms of tourism, e.g. cycling, hiking, or horse-riding. Being located at the meeting point of Eastern and Western cultures, the region is equally interesting historically, as influences of various nations intermingled here throughout the ages. Sokółka and its vicinity are a true cultural and ethnic mosaic. The Tartar Trail, a route with no peer throughout the country, runs through the area, while a permanent exhibition housed in the Muzeum Ziemi Sokólskiej (the Museum of Sokółka Region) is devoted to the Tartar community. You can also participate in various meetings with authors, film screenings, and even historical walks. The gmina also boasts precious sacred architecture objects, such as, e.g. Alexander Nevski memorial Orthodox church or the 19th century Orthodox cemetery. Exhausted tourists will find their oasis at the Sokółka Reservoir, where a sports equipment rental and pitches for beach volleyball. Gmina Michałowo is located 36 km in the south-easterly direction from Białystok. Here is where the Gorbacz Natural Reserve can be found, protecting one of the last lakes in this part of the country originating from the Central Poland glaciation period. The proximity of the Knyszyn Forest will satisfy even those that are the most demanding - lovers of nature will admire the unique flora, bikers and hikers will be able to experience the exceptional tourist trails, while those who prefer water sports and angling will have quality time at the Supraśl and the Narew Rivers or at the Siemianówka Reservoir. When exploring the area, it is worth visiting the Orthodox Churches Route, which conveys the borderland atmosphere of the gmina exceptionally well. In the summer, it is an excellent idea to participate in the local cultural events, such Święto Grzyba (The Mushroom Festival) or Regaty Żeglarskie o Puchar Zubra (The Zubr Cup Regatta) at Siemianówka Reservoir. If the weather not conductive to outdoor pastimes, water entertainment will be provided to you by the Na Fali MOSiR Pool in Michałowo.

**Gmina Korycin** nestles between the Knyszyn Forest and the Biebrza National Park. Natural beauty, cultural values, and old Polish-style openness and hospitality are all the characteristic features of the area. The numerous available tourist trails invite you to embark on walking and biking adventures, while the unusual historical heritage of the region makes it an extremely precious spot on the map of Poland. Gmina Korycin is also renowned for its delicious Koryciński cheeses and cultivation of the juicy Polish strawberry, celebrated here with its very own festival.

When visiting gmina Korycin, dropping by the Korycin-Milewszczyzna Culture Park is mandatory. The park is an exceptional monument to history, tradition, and culture from 1000 years ago, established at the site of unique archaeological discoveries. The weavers' workshop owned by Bernarda Rość and Agnieszka Iwanickiea is located here, with many events and workshops complementing the picture. You can also visit historical mills and windmills in Rudka, Szaciłówka, or Wojtachy.

# Knyszyn Forest



## CAMP & CARAVAN SITES

### "Na Tatarskim Szlaku"

Bohoniki 22 16-100 Sokółka T: +48 505 383 389

### Korvcin-Milewszczyzna Culture Park

Milewszczyzna 16-400 Korycin T: +48 517 142 438 milewszczyzna@korycin.pl www.milewszczyzna.pl



### "Łowisko Ryb u Stacha"

Białogorce 1 16-120 Krvnki T: +48 604 488 355 T: +48 600 638 107 www.lowiskoustacha.pl lowiskoustacha@wp.pl



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### ..Ritowisko"

Surażkowo 27 16-030 Supraśl T: +48 502 762 642 T: +48 501 273 103 ritowisko@ritowisko.com www.ritowisko.com





## NATIONAL & LANDSCAPE PARKS

### KNYSZYN FOREST LANDSCAPE PARK M. Chodakowskiego 6 St.

16-030 Supraśl T: 85 718 37 85 sekretariat@pkpk.pl www.pkpk.wrotapodlasia.pl





## **TOURIST INFORMATION**

### TOURIST INFORMATION CENTRE OF KNYSZYN FOREST LANDSCAPE PARK

Chodakowskiego 6 St. 16-030 Supraśl T: +48 85 718 37 85 T: +48 85 710 82 52 sekretariat@pkpk.pl

## TOURIST INFORMATION CENTRE

IN SOKÓŁKA Piłsudskiego 2 St. 16-100 Sokółka T: +48 85 711 24 86 sokolkait@gmail.com



## Białystok County

**The Białystok County** is a precious and exceptional area due to its picturesque landscapes and natural values. Here is where the concrete slabs of the city harmonize with the often still-untamed nature. Just as the Podlaskie Voivodship is referred to as "The Green Lungs of Poland", so the Knyszyn Forest – where many nature reserves are located – is the lungs of Białystok, the heart of the Białystok County. The county is also a cluster of tourist attractions – historical churches and Orthodox churches, roadside shrines, and wooden cottages embellished with extraordinary ornaments that are unique to the region.

Openness and multiculturalism are strangers to no-one here – the local people have for many years lived in peace with one another, regardless of their religious beliefs.

The Orthodox population is still numerous in the area, with historical traces of the Jewish – or even the Muslim – cultures.

When sightseeing in the area, it is worth dropping by Białystok and choose one of the interesting tourist trails, see the Branicki Palace and the Branicki Gardens.

or visit the Podlasie Opera and Philharmonic – European Centre of Culture. The nest steps should be a visit to the Podlasie Museum of Folk Culture near Wasilków and a rest on the Municipal Beach in Dojlidy, followed by a mandatory stop in Choroszcz. And you can't leave Podlaskie without tasting it! Białystok is the perfect step on your adventure at the Podlasie Culinary Trail.

**Gmina Choroszcz** is only a 20-min. car drive away from the capital of Podlaskie Voivodship but in no way does it resemble the classic concrete jungle. Vast forests and cultivated fields make the time go slower, while the body gathers the strength needed for its return to everyday life – which is often filled with hurry in addition to the hustle and bustle of the city. The heart of the gmina, Choroszcz itself, is a place with a unique small-town character whose beautiful, well-cared for buildings and streets invite you for a leisurely stroll.

When visiting the area, it is worth stepping onto the Waniewo-Śliwno footbridge, seeing the Broken Bridge in Kruszewo close up, or dropping by the 17th century "Koziołek" defensive bastion. Do not forget to visit the town of Choroszcz itself to admire the stunning monuments of sacral architecture or the Branicki Summer Residence, located on an artificial island among lush greenery, currently the site of the Museum of Palace Interiors. In the summer, a visit to the renowned St. Dominic's Fair in Choroszcz is not to be missed.



### NATIONAL & LANDSCAPE PARKS

#### KNYSZYN FOREST LANDSCAPE PARK

M. Chodakowskiego 6 St. 16-030 Supraśl T: +48 85 718 37 85 sekretariat@pkpk.pl www.pkpk.wrotapodlasia.pl





## **TOURIST INFORMATION**

REGIONAL TOURIST INFORMATION CENTRE IN BIAŁYSTOK
Malmeda 6 St.

15-440 Białystok T: +48 503 356 482 rcit@podlaskie.it TOURIST INFORMATION CENTRE SSM "PODLASIE" IN BIAŁYSTOK
Piłsudskiego 7B St.
15-443 Białystok

15-443 Białystok T: +48 85 652 42 50 ssm@hostelpodlasie.pl KAJAR Tourist Information Centre

Kuriany 6 15-588 Kuriany T: +48 664 442 070 cit@turystycznepodlasie.pl

# Białystok County

### CAMP & CARAVAN SITES

### "OSW Dojlidy"

plackwa St.
Plackwa St.
Plackwa St.
T: +48 85 743 32 23
T: +48 85 733 25 55
oswdojlidy@bosir.bialystok.pl
www.miejskoaktywni.pl







## POLISH TOURIST AND SIGHTSEEING SOCIETY IN BIAŁYSTOK

Sienkiewicza 53 lok. 3/3 St. 15-002 Białystok T: +48 85 74 45 650 ro.pttk.bialystok@gmail.com www.bialystok.pttk.pl

### HOTEL ESPERANTO - "KAWELIN" RESTAURANT

Legionowa 10 St. 15-099 Białystok T: +48 85 740 99 02 www.kawelin.pl r.malinowski@kawelin.pl

### ESPERANTO CAFE - RESTAURANT

Rynek Kościuszki 10 St. 15–426 Białystok T: +48 85 742 60 31 kawiarnia@esperanto-cafe.pl www.esperanto-cafe.pl

### RECOMMENDED

#### FOLWARK NADAWKI - INN

Nadawki 23 St. 16-010 Wasilków T: +48 85 743 88 33 biuro@folwarknadawki.pl www.folwarknadawki.pl

### HOTEL 3 TRIO - 3 TRIO RESTAURANT

Hurtowa 3 St. 15-399 Białystok T: +48 85 745 54 22 marketing@hotel3trio.pl www.hotel3trio.pl

### HOTEL IBIS STYLES - "QUQUŁKA" RESTAURANT

Piłsudskiego 25 St. 15-444 Białystok T: +48 85877 25 00 h9062@accor.com www.ibisstyles.pl

### KAJAR BAR

Kuriany 6 15-588 Białystok T: +48 602 111 850 biuro@kajar.eu www.kajar.eu

### DWÓR CZARNECKIEGO - RESTAURANT

Porosty-Kolonia 54 A 16-070 Choroszcz T: +48 85 663 74 00 restauracja@dworczarneckiego.pl www.dworczarneckiego.pl

#### DWOREK TRYUMF - .. RUBINOWA" RESTAURANT

Klepacka 1 St. 16-001 Księżyno T: +48 85 663 29 18 recepcja@dworek-tryumf.pl www.dworek-tryumf.pl

### HOTEL ROYAL & SPA – "MONTE CARLO" RESTAURANT, "STARY RYNEK" BREWERY, SPA DR IRENA ERIS BEAUTY PARTNER

Rynek Kościuszki 11 St. 15-001 Białystok T: + 48 85 831 18 01 recepcja@royal-hotel.pl www.royal-hotel.pl



## Białowieża Forest Region

The Białowieża Forest Region is a place that allows you to unwind among forests, fields, water, and charming wooden cottages. Just close your eyes and listen to the sounds of nature. It is also the world of many traditions, cultures and religions, gorgeous wooden Orthodox churches, fragrant with old wood, history, and peace. The region is among the most precious forest complexes in the whole Europe, with the Białowieża National inscribed on the UNESCO World Heritage list – the Reserve Protective Unit (Obręb Ochronny Rezerwat) and the Bison Exhibition Reserve (Rezerwat Pokazowy Żubrów) are both well-worth visiting. Do not forget to experience the fantastic regional cuisine, offered by the local restaurants.

When planning a holiday in the area, you must take a ride on the Narrow-Gauge Forest Railway or in one of the Białowieża Draisines; you must also visit the Museum of Blacksmith and Locksmith in Hajnówka, the Belarusian Museum and Culture Center in Hajnówka, the Amethyst Chamber in Kleszczele, the Open-Air Museum and Beekeeping Museum in Narewka, or the Miniature Park of Podlasie Monuments in Hajnówka. The Place of Power, the Herbrium in Gruszki, the Open Shutters Land, or the skete in Ordynki are also mandatory stops on your sightseeing tour.

#### www.bialowieza.travel

**Gmina Narewka** is located in the south-eastern part of Podlaskie Voivodship. The national border separates it from Belarus on the east. It is mostly covered with woodlands, as the whole gmina is situated within the borders of the Białowieża Forest protected landscape. There are four nature reserves in the area (the Siemianówka Reserve, the Waliczówka Valley partial reserve, the Gnilec partial flora reserve, and the Białowieża Primeval Forest Reserve), which makes the place ideal for bike rides and walks. Anglers and water sports enthusiasts will also not be disappointed as the northern part of the gmina is home to the Siemianówka Reservoir, one of Poland's largest bodies of water.

When sightseeing in the area, do not forget to visit the Tamara Sołoniewicz Art Gallery or drop by the Canoe Station to embark on an unforgettable water adventure.

The whole area of **Gmina Białowieża**, bounded to the east by the national border with Belarus, is covered by the Białowieża Forest, with its significant proportions part of the Białowieża National Park, whose portions lying in the bifurcations of the Narewka and Hwoźna Rivers have for a century been designated a strict protection area. The high natural values of the National Park and the adjacent areas are conductive to various forms of tourism, while Białowieża itself is the region's important cultural centre - due to its fascinating history and the numerous monuments of sacral and palace architecture as well as museums and historical greenery complexes. When visiting the area, it is worth seeing the Palace Park, which used to surround the no longer existing Tsar Alexander III palace, or dropping by the Nature and Forestry Museum in the Białowieża National Park - one of the most modern museums in Poland. And do not forget the Orthodox Church of St. Nicholas (cerkiew pw. św. Mikołaja Cudotwórcy), which houses the unique ceramic iconostasis. Enthusiasts of active recreation should equip themselves with appropriate footwear and sticks – in order to embark on one of the numerous Nordic Walking trails, or plan a walk on the famous "Żebra Żubra" ("Bison's Ribs") educational path, or rent a bike in the Białowieża Sports Centre and have an unforgettable tour of the of the ancient forest. Make sure you have a camera handy – you may well meet the King of the Forest himself – the European bison.



### NATIONAL & LANDSCAPE PARKS

### BIAŁOWIEŻA NATIONAL PARK

Park Pałacowy 11 St. 17-230 Białowieża T: +48 85 682 97 00 bpn@bpn.com.pl www.bpn.com.pl



# Białowieża Forest Region



### **CAMP & CARAVAN SITES**

#### ..U Michała"

Krzyże 11 St. 17-230 Białowieża T: +48 85 681 27 03

"Na Skraju Puszczy" Zabłotczyzna 7

"Stary Dwór" Tarnopol 17-220 Narewka T: +48 85 682 98 80 gmina@narewka.pl www.narewka.pl

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17-220 Narewka T: +48 691 912 973 halinajozek@op.pl www.naskrajupuszczy.eu

### Stanica Kajakowa Hainowska 33 St.

17-220 Narewka T: +48 85 685 80 62 stanica-narewka@o2.pl



## **TOURIST INFORMATION**

### TOURIST INFORMATION CENTRE OF BIAŁOWIEŻA NATIONAL PARK

Park Pałacowy 11 St. 17-230 Białowieża T: +48 85 681 29 01 info@bpn.com.pl

### TOURIST INFORMATION CENTRE OF BIAŁOWIEŻA FOREST REGION

3 Maia 45 St. 17-200 Hainówka T: +48 85 682 51 41 biuro@lot.bialowieza.pl

### TOURIST INFORMATION CENTRE OF POLISH TOURIST AND SIGHTSFFING SOCIETY IN BIAŁOWIĘŻA

Koleiowa 17 St. 17-230 Białowieża T: +48 85 681 22 95 T: +48 692 959 995 pttk@pttk.bialowieza.pl



### POLISH TOURIST AND SIGHTSEEING SOCIETY IN BIAŁOWIEŻA

Koleiowa 17 St. 17-230 Białowieża T: +48 85 681 22 95 T: +48 85 681 26 24 pttk@pttk.bialowieza.pl www.pttk.bialowieza.pl

**RECOMMENDED** 

BIAŁOWIEŻA HANDCARS Stacia Towarowa St. 17-230 Białowieża T: +48 783 002 927 info@drezyny.net www.fb.com/BialowieskieDrezyn

### HOTEL BIAŁOWIESKI - SPA & .. BIAŁOWIESKA" RESTAURANT

Stoczek 218 B St. 17-230 Białowieża T: +48 85 681 20 22 marketing@hotel.bialowieza.pl www.hotel.bialowieza.pl



## Bug River Region

The southern part of Podlasie Voivodship is the place where the history of the region and the proud and patriotic Nobles' Republic was forming. **The Bug River region** is indisputably the pearl of Polish nature, with its picturesque landscapes, natural environment, and clear air attracting tourists from Poland and abroad tired with the incessant bustle of the city. The local forests, home to unique animal and plant wildlife, are a unique spot on the map of the region. The Bug River Valley is an attractive area regardless of the season, while its tourist infrastructure – with its numerous educational paths, hiking, bike and canoeing trails – enchants even the most discerning of travellers. The region is also full of traces of the tumultuous and intriguing history of Poland.

When visiting the area, make sure to visit Mielnik, with its famous Castle Hill (Góra Zamkowa) where the ruins of St. Alexander's chapel are situated, or the historical churches and Orthodox churches as well as the synagogue built in the first half of the 19th century. A curiosity on the map of the region is the Chalk Quarry in Mielnik, the only active mine of its kind in Poland. Motorists will surely want to travel in the direction of the Holy Mount of Garbarka – the most important Orthodox sanctuary in Poland – or visit nearby Tokary and Niemirowo to see their historical sacral objects. You can also drop by Drohiczyn and visit the local Museum of Canoeing, or to Ciechanowiec, where the renowned Museum of Agriculture is located. The Great Lithuanian Route – the most important trade and postal route in the Polish-Lithuanian Commonwealth in the 17th and 18th centuries – is also worth experiencing.

www.wielkigoscinieclitewski.pl www.tygieldolinybugu.pl



### **CAMP & CARAVAN SITES**



"Port nad Bugiem" Sportowa 1 St. 17-312 Drohiczyn T: +48 731 206 020 biuro@orlyzpodlasia.pl www.portnadbugiem.pl



T. Kościuszki 35 St. 17-300 Siemiatycze T: +48 606 732 613 btr@gminasiemiatycze.pl www.park.gminasiemiatycze.pl



## **TOURIST INFORMATION**

### TOURIST INFORMATION CENTRE IN MIELNIK Brzeska 71 St. 17-307 Mielnik T: +48 85 657 71 00

odzm@mielnik.com.pl it@mielnik.com.pl

### Tourist Information Centre of Drohiczyn Commune

Kraszewskiego 13 St. 17-312 Drohiczyn T: +48 85 655 70 69 sekretariat@kultura-drohiczyn.pl www.kultura-drohiczyn.pl







